

ATHLETIC TRAINING EDUCATION CONCENTRATION (120 Semester Hours)

Program of Studies – Progress Sheet

GENERAL EDUCATION – Required Courses (50 Semester Hours)

Area 1: Communication (9 hrs)

ENGL 101 _____ 3
 ENGL 102 _____ 3
 COMM 114 _____ 3

Area 2: Fine Arts (3 hrs)

_____ _____ 3

Area 3: Health & Wellness (3 hrs)

HLTH 200 _____ 3

Area 4: Humanities (6 hrs)

ENGL _____ 3
 RELN _____ 3

Area 5: International and Intercultural Studies (3 hrs)

_____ _____ 3

Area 6: Mathematical Sciences (6 hrs)

STAT 211 _____ 3
 ITEC 100/120 _____ 3

Area 7: Physical and Natural Science (8 hours)

BIOL 101 _____ 3
 CHEM 101 _____ 3

Area 8: Social and Behavioral Sciences (12 hours)

HIST _____ 3
 PSYC 121 _____ 3
 _____ _____ 3*
 _____ _____ 3*

*Must be 2 courses from 2 different disciplines.

ATHLETIC TRAINING EDUCATION Concentration Requirements (70 Credits)

ESHE FOUNDATIONS: (14 Hours – Athletic Training Specific)

HLTH 320 Health and Safety Foundations _____ (4) FS/SU
 ESHE 395 Motor Behavior Foundations _____ (4) FS
 ESHE 392 Exercise Physiology _____ (3) FS
 ESHE 390 Kinesiology _____ (3) FS

ATHLETIC TRAINING EDUCATION (56 Hours)

ESHE 201 Introduction to Athletic Training _____ (3) FS/SU
 ESHE 205 Introduction to Athletic Train Skills _____ (2) S
 ESHE 225 Practicum I _____ (1) S
 ESHE 250 Practicum II _____ (2) F
 ESHE 323 Assessment of Athletic Injuries I _____ (3) F
 ESHE 325 Practicum III _____ (2) S
 ESHE 335 Seminar in Athletic Training _____ (2) S
 ESHE 340 General Medical Conditions _____ (3) S
 ESHE 345 General Medical Rotation _____ (1) S
 ESHE 355 Practicum IV _____ (2) F
 ESHE 365 Therapeutic Exercise _____ (4) F
 ESHE 420 Therapeutic Modalities _____ (4) F
 ESHE 422 Assessment of Athletic Injuries II _____ (3) S
 ESHE 430 Senior Seminar _____ (3) S
 ESHE 461 Org & Admin Health/Fitness Programs _____ (3) S
 HLTH 465 Exercise, Performance, and Nutrition _____ (3) S
 PHYS 111 General Physics _____ (4) F/S
 NURS 320 Pharmacology _____ (3) F
 BIOL 310 Human Structure and Function I _____ (4) F
 BIOL 311 Human Structure and Function II _____ (4) S